

LAKESIDE MANOR AUTUMN WEEK 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
	Egg Benedict	Chefs Soup	Split Pea Soup	Vegetable Bean Soup	Apple Parsnip Soup	Carrot & Wild Rice Soup	Tomato Macaroni Soup
	French Toast with Maple Butter	Chicken Salad Bun with Green Onion and Celery (Ranch Dressing)	Pastrami with Havarti on Rye	Tuna Salad Croissant	Bacon Tomato Melt	Grilled Turkey and Swiss Sandwich	Salami and Mozzarella Sandwich on Herb Bread
	Sliced Bacon Shredded Hash Brown	Veggie Burger	Chef Salad	Baked Cheese Ravioli with Garlic Toast	Roast Beef & Onion Sandwich	Yogurt Bowl with Spiced Apples and Granola	Veggie Samosa
	Fruit Salad Banana Bread	Beet & Mandarin Orange Salad	Beet & Mandarin Orange Salad	Beet & Mandarin Orange Salad	Beet & Mandarin Orange Salad	Beet & Mandarin Orange Salad	Beet & Mandarin Orange Salad
	Potato Salad with Radish	Greek Salad	Spanokopita	Shrimp Cocktail	Caesar Salad	Spinach Salad with Berry Vinaigrette	Broccoli Slaw
	Roast Pork Tenderloin with Spiced Pear	Italian Sausage	Rosemary Lemon Chicken	Orange Ginger Pork	Swedish Turkey Meatloaf	Battered Cod	Beef Burger with Grilled Onion
	Maple Dijon Chicken Thighs	Beef Stroganoff	Balsamic Glazed Haddock	Honey Garlic Beef	Chicken Cutlet	Ham Steak with Pineapple Ginger Relish	Salmon Burger with Pickled Onion
	Brussel Sprouts with Roasted Garlic	Broccoli Florets with Crumbled Feta	Asparagus Spears	Sesame Snap Peas	Butternut Squash	Green Peas	Sliced Tomato on Lettuce
	Carrot Matchsticks	Mashed Rutabaga with Apple	Zucchini	Bean Sprouts with Chinese Cabbage	Steamed Spinach	Cauliflower Rice with Herbs	Sauteed Mushrooms
	Mashed Cheddar Potato	Buttery Garlic Egg Noodle	Parsley Potato	Fried Rice with Green Onion	Mashed Potato with Horseradish	Fries	Potato Skins